



Endorsed by Little Hadham Parish Council, and St. Celia's Church



DEAR NEIGHBOUR

We are here to help if you are self-isolating due to COVID-19, or you are feeling alone and need some support or supplies. Further to the Parish magazine article from Brenda Kain, Little Hadham Parish Council and St. Celia's Church are supporting this initiative.

Where able, we can help with:

- *Picking up shopping and any urgent supplies - cash will be required*
- *Dog walking*
- *Collecting prescriptions*
- *A friendly phone call - we can't give medical advice, but we are here if you feel alone and need someone to talk to*
- *Posting letters/parcels*

We have volunteers to support you, who live in the village, but in the first instance, if you contact Jan Williamson on 07710 325363 she will link you with a volunteer in your road who will be best to help you (for free).

Alternative contact is Carole Page (Little Hadham Parish Clerk) on 07825 011 975

And remember....

Covid-19 is a very contagious virus - please make sure you are washing your hands after any contact with the outside world. Please keep your distance from others by at least 2 metres. Supplies will be left outside your front door. Keep positive and stay safe - we are in this together and by taking all the necessary precautions we can get through this together.

The Citizens Advice Service. They will not be able to accept face to face for the foreseeable future. They will however still be operating an advice service via telephone, webchat and email. Clients can call us on 03444 111 444 or see advice options at <https://citizensadviceeastherts.org.uk/>

Public Health Frequently Asked Question

<https://www.hertfordshire.gov.uk/about-the-council/news/news-archive/coronavirus-frequently-asked-questions>